



THE GARFIELD GARDENER

THE NEWSLETTER OF GARFIELD PARK MASTER GARDENER ASSOCIATION

July 2022 Next Meeting

July 13

Event:

GPMGA Annual Picnic,
Corporate Shelter near
Garfield Park Arts Center
In-Person Meeting

August 10

Program: BooYah! Shrubs
Speaker: René Walczak
Minister of Creative
In-Person Meeting

Programs are being planned
on a month-to-month basis
according to Purdue University
Extension Office Guidelines

2022 Meeting Dates

Sept. 14
Oct. 12
Nov. 9
Dec. 14

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university.

If you require an
accommodation or special
assistance to attend these
programs due to a disability,
please contact Carey Grable at
317.275.9279. Some
accommodations may require
2 weeks notice.

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Oren Cooley
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Learn more at:
www.IndyGPMGA.com
www.IndyMG.org
www.IndyHorticulture.org

Greetings All,

I hope that you are enjoying produce from your gardens!

I just came in from sifting compost. I don't always sift it before using it, but I prefer to use the sifted "black gold" when I pot plants. I didn't purchase any soil this year for all of the plants that I potted for the sale and other events. I use un-sifted compost for larger jobs like building up low areas or filling holes. The only drawback is that my compost piles are not hot enough to kill seeds, but seedheads always go into the trash so there aren't many seeds in the compost.



Despite my plasticware "fences", some persistent critters continue to eat the tender plants, but thankfully I planted extras that are now protected. I await sighting caterpillars on the dill that pops up every year, and descendants of the garlic that a member shared with us many years ago will soon be harvested.

I hope that you will be able to join us for our annual picnic at the shelter near the Art Center building (west of the conservatory). The entrée will be furnished and you are asked to bring sides, salads or desserts. Please bring your own water, if possible, to reduce our use of one-time plastic bottles and cups.

Hope to see you on July 13!

—Nancy Boettner, President, GPMGA

Monzel to Present 'Foraging and Conservation'

The Indiana Native Plant Society Central Chapter will host virtually *Foraging and Native Plant Conservation: Expanding the Ecological Self* at 7:00 p.m. on Thursday, July 14.

Humans have a fraught relationship with the natural world, says presenter Greg Monzel, a student of nature with a gift for nourishing deep connections between people and plants. Monzel has been a practicing herbal educator, medicine maker and grower since 2008.

Modern humans are obsessed with controlling and extracting value from natural spaces, often to the detriment of people and nature alike. For most of human existence, mankind depended on hunting and gathering wild foods for sustenance, which tied people directly to their habitats.

However, extractive foraging and forestry practices have brought about the precipitous decline of plant diversity and damage to their habitats. With this program, Monzel makes the case that thoughtful foraging of wild foods and medicines can help restore connections between people and nature, increasing the value of forests and other habitats to support their conservation.

Monzel will examine how hunting practices and policies can inform foraging policies and conservation efforts, and perhaps make foraging less taboo in conservation circles.

For more information, visit www.indiananativeplants.org. To register for this virtual program, visit <https://bit.ly/3sW1AY3>.



Indiana Native
Plant Society

Garfield Park Conservatory Tours

June 23 (11:00 a.m.)

Arlene Bow
Oren Cooley
John Montgomery

Anyone interested in becoming a tour guide should contact Victoria Metheaux at vmethx@comcast.net.

At the Conservatory

July 21 (5:30-8:30 p.m.)

Garfield Park Biergarten

Enjoy an evening in the Sunken Garden with the Garfield Brewery! During this special evening, visitors may enjoy food from The Original Swayzee Hand Breaded Tenderloin as well as live music and performances. Admission: Free.

July 23 (2:00 p.m.)

Gather in the Garden

Participants will learn about the various tasks of planting, caring for and maintaining Garfield Park's raised bed gardens during the various seasons in this hands-on workshop.

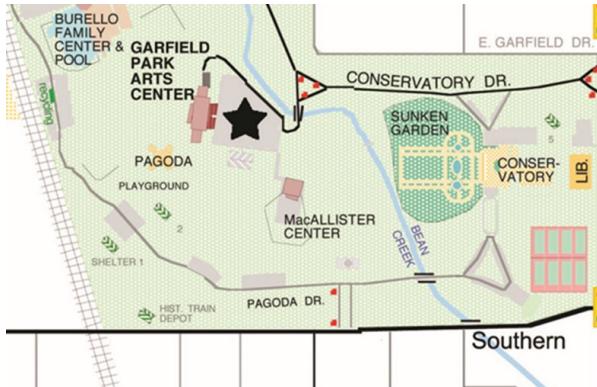
For more information, visit:
www.garfieldgardensconservatory.org.



GPMGA In-Person Meeting: July 13

The Garfield Park Master Gardeners and their guests will enjoy delicious picnic food and great summer fun at the GPMGA Annual Picnic on Wednesday, July 13, at 6:30 p.m. in the Garfield Park Corporate Shelter (near the Arts Center).

As in past years, the GPMGA will provide the meat (barbeque chicken and pork) as well as water, plates, napkins and cups. Please bring a side dish of your choice—such as an appetizer, salad or dessert. When you have a moment, please let MaryAnn Donham (at maryanndonham@gmail.com) know what you plan to bring. It will help MaryAnn (who is organizing the event) keep track of what dishes to expect.



If you desire, we encourage you to bring a centerpiece you have created to decorate one of the picnic tables. Your centerpiece should have some connection to gardening, but can be flowers, vegetables, herbs, fruits, natives only, flowering shrub branches or anything else garden-related that your imagination conjures.

Remember, our July program is member driven! As usual, we will have the best food to enjoy along with time to chat and savor one another's company.

If you have any questions, please contact MaryAnn Donham (at maryanndonham@gmail.com).

Welcome New Members!

The following people recently joined the Garfield Park Master Gardeners Association:

Danielle Randles and Cynthia St. John

2022 GPMGA Officers/Committee Chairs

President

Nancy Boettner
nancyboettner@sbcglobal.net

Previous Past President

Bill Bernstein
billbe19@comcast.net

Vice President

Teresa McCurry
tmccurry@iupui.edu

Secretary

Kay Martin-Pence
guitargirl929@gmail.com

Treasurer

Cindy Maude
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Program Director

Debra Boyer
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Hospitality—Snack Coordinator

Jayne Queck
jaqueck@aol.com

Hospitality—Snack Coordinator

Mary Ann Donham
maryanndonham@gmail.com

Hospitality—Pitch-In Coordinator

Carrie Alumbaugh
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Becky Walker
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Newsletter/Publicity Director

Oren Cooley
pastpfct@aol.com

Plant Sale Chair

Carrie Alumbaugh
carriesalumbaugh@gmail.com

Conservatory Tour Coordinator

Victoria Metheaux
methx@comcast.net

Extension Office Contact:

Barb Rusin
rusin0@purdue.edu

Please contact the officers and chairs of the Garfield Park Master Gardener Association if you have any questions or suggestions.

GPMGA Meeting Minutes: June 8

The GPMGA met in person at 6:30 p.m. on Wednesday, June 8, at the Valley Mills Christian Church.

Business Meeting (Officer Reports):

- President-Nancy Boettner:
 - Welcomed all members and visitors
 - Thanked Carrie Alumbaugh and her team for a fabulous plant sale
- Secretary-Kay Martin-Pence: Minutes accepted as printed in the newsletter
- Treasurer-Cindy Maude: Plant sale netted \$4,837.41—minus a few outstanding expenses; Checking balance is \$9,274.99

Field Trip—Tour of Valley Mills Christian Church Community Garden:

- GPMGA Member Beckie Nowlin led a tour of the Valley Mills Christian Church Community Garden Project—which she manages with the support of a GPMGA grant.
- This project is in its seventh year as the only community garden in Decatur Township that has produce available from March through October.
- The majority of the produce feeds homeless and lower-income families. Participants learn about gardening practices as well as healthy food options.

Other Reports:

- Hospitality-Carrie Alumbaugh, Jayne Queck, Mary Ann Donham: GPMGA picnic will occur in July, Barbeque will be served as entrée
- Programs-Debra Boyer: Picnic in July; Possible field trip to Soules in September
- Conservatory Tours-Victoria Metheaux: Tours covered

Other Business:

- Irvington Garden Tour on Sunday, June 26 (from 1:00—5:00 p.m.), Cost: \$10 per person

GP Conservatory's Lobster Claw

One of the most ornamental and cultivated tropical species, lobster claw (*Heliconia rostrata*), is a large evergreen perennial boasting huge, leathery, banana-like dark green leaves up to four feet in length.

Native to Bolivia, Colombia, Ecuador and Peru, these herbaceous plants range from 1.5 to 15 feet tall, depending on the species. The leaves are characteristically long, oblong and alternate—or growing opposite one another on nonwoody petioles.

The leaves in different positions on the plant have a different absorption potential of sunlight for photosynthesis when exposed to different degrees of sunlight.

Their flowers are produced on long, erect or drooping panicles, and consist of brightly colored, waxy bracts, with small true flowers peeping out from the bracts. The flowers can be hues of reds, oranges, yellows and greens.

The flowers produce ample nectar that attracts pollinators, most prevalent of which are hummingbirds. Floral shape often limits pollination to a subset of these hummingbirds in the region.

The flowers are followed by fleshy, rounded dark blue fruits.



Garfield Park Master Gardener Association

in association with



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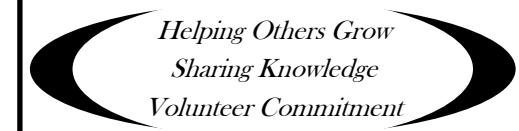
Answerline: 317.275.9292 or marioncountymg@gmail.com

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If you require an accommodation or special assistance to attend programs due to a disability, please contact Carey Grable at 317-275-9290 or Barb Rusin at 317-275-9279. Some accommodations may require 2 weeks notice.

Purdue does not endorse nor disclaim information that appears in this newsletter. It is intended only for informational purposes.

Questions: Contact Carey Grable at cagrabl@purdue.edu or at 317-275-9290.

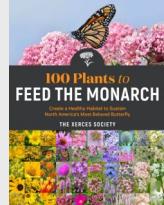


From the Bookshelf . . .

100 Plants to Feed the Monarch: Create a Healthy Habitat to Sustain North America's Most Beloved Butterfly

by The Xerces Society

The plight of the monarch butterfly has captured public attention and sparked widespread interest in helping to save their dwindling populations.



This in-depth portrait of the monarch butterfly covers its life cycle, its remarkable relationship with milkweed, its extraordinary migration as well as the threats it now faces due to habitat loss and climate change. The detailed instructions on how to design and create monarch-friendly landscapes are enriched by guidance on observing and understanding butterfly behavior and habits.

These regal creatures visit 470 different nectar-rich flower species to fuel their migration and lay their eggs on over 30 types of milkweed! The 100 plants included in this book include some suited to growing conditions along the entire monarch's range.

The Xerces Society provides at-a-glance profiles of the plant species that provide monarchs with nourishment. The plants, which are all commercially available, range from dozens of species of milkweed—the only food of monarch caterpillars—to numerous flowering plants, shrubs and trees that provide nectar for the adult butterfly.

On the Web . . .

Indiana Native Plant Finder

<https://finder.indiananativeplants.org/>

This database tool will help gardeners choose garden-worthy Indiana native plants that fit their sites and support pollinators. Use the dropdown menus to select plant types and desired characteristics.

A filtered search will generate an array of plants. To narrow their searches, gardeners should select more filters and then search again. Then, click on the thumbnail image to learn more about a plant and see additional photos.

Circle City CISMA

The mission of the Circle City Cooperative Invasive Species Management Area (CISMA) is to combat invasive plant species in order to nurture native habitats throughout the Indianapolis area.

Circle City CISMA is one of more than two dozen CISMAs that have formed across the state—representing over a third of the counties—as part of the Indiana Invasives Initiative. Each year, more than \$8 million is spent to manage invasive species according to the Indiana Division of Entomology and Plant Pathology.

Also known as CWMAs (Cooperative Weed Management Areas), CISMAs first became popular in the western U.S., but over the past decade have become more widespread in the eastern states and the Midwest. Sometimes called coalitions, partnerships or councils, CISMAs are formed to collectively combat the problem of invasive species spreading across the landscape.

They can vary greatly in their geographic range, activity level and focus, and are usually comprised of representatives from various governmental agencies, non-profits, and concerned citizens or citizen groups. They might cover a single county or extend over multiple counties.



CISMAs have been shown to very effectively target invasive species problems by engaging local interests and addressing invasive issues across various land ownerships. By working together at the local level, CISMA/CWMA partners are able to pool resources and knowledge to address mutual invasive species problems.

In Indiana, the first CISMA was formed in Brown County in 2006—the Brown County Native Woodlands Project.

For more information, visit <https://www.invasive.org/cismas>.



Franer to Speak at Indiana Hosta Society

Chad Franer, Director of Horticulture at Newfields, will present the program *Redbuds* when the Indiana Hosta Society (IHS) meets at 6:30 p.m. on Monday, August 8, at Holliday Park Nature Center (6363 Spring Mill Road).

Chad has been a part of Newfields' horticulture staff since 1998. His primary responsibility is to develop, manage and maintain all aspects of the 52-acre campus, including Oldfields, a 26-acre National Historic Landmark.

IHS society members are hosta gardening enthusiasts who gather regularly to learn more about shade gardening, work together on club and community projects and share gardening experiences with each other and the public.



The organization's yearly program schedule is varied and includes at least one activity each month. Events range from speakers (both national and local) to plant sales, and from a hosta leaf show and plant sale to the annual fall banquet.

For more information, contact Pat Brummer, IHS Publicity, at 301-544-8206 or visit www.indianapolishostasociety.org.

Indiana State Fair: 2022 Featured Farmers

The Indiana State Fair and Corteva Agriscience recently unveiled the 2022 Featured Farmers to be honored at this year's Indiana State Fair from July 29 to August 21.

In its seventh year, this program celebrates and helps put a face on Hoosier agriculture by connecting consumers with fellow Hoosiers who grow the food they eat. These 18 farm operations represent all regions of the state, showcasing different agricultural products throughout the 18-day state fair.

Visitors to the Indiana State Fair can attend a live chat with a Featured Farmer every day of the fair at 2:30 p.m. in the Glass Barn. In addition, many other opportunities exist to talk with that day's Featured Farm family and learn about their operation.

In addition to their featured day, the list below contains the Featured Farmers, their farm products and their home counties:

- July 29 - Sheller Family Farms (Corn), Hamilton County
- July 30 - Martin Family Farms (Swine), Warren County
- July 31 - Red Frazier Bison Ranch (Bison), Greene County
- August 3 - Goin's Blueberry Lane (Blueberries), Starke County
- August 4 - Gutwein Popcorn (Popcorn), Pulaski County
- August 5 - Hodgen Farms (Soybeans), Putnam County
- August 6 - New Age Provisions Farm (Urban Farmer), Marion County
- August 7 - Eggersman Brothers Cattle (Beef Cattle), Jackson County
- August 10 - Salomon Farms (Corn/Soybeans, Custom Baling), Whitley County
- August 11 - Countryside and Apple Hill Orchards (Apples), Vanderburgh
- August 12 - Wagler Dairy (Dairy Cattle), Brown County
- August 13 - Dutch Valley Growers (Tomatoes/Onions), LaPorte County
- August 14 - Superior Dairy (Dairy Cattle), DeKalb County
- August 17 - 3D Valley Farm (Maple Syrup/Farm Delicacies), Harrison County
- August 18 - Mark and Peggy Jones (Hardwoods), Orange County
- August 19 - Bourbon Bound Farms (Whiskey/Corn/Cover Crops), Jackson County
- August 20 - Lick Creek Flower Company (Flowers), Madison County
- August 21 - Scott Farms (Wheat/Corn/Soybeans), Cass County

To learn more about the farmers, visit www.IndianaStateFair.com.

The Indiana State Fair is the state's largest multi-day event celebrating the Hoosier spirit and agricultural heritage. These 18 days bring all communities together to celebrate all things Indiana and promote it to hundreds of thousands of people across the state and beyond.

The Indiana State Fair is nationally recognized for offering great entertainment, showcasing youth and interactive agriculture educational programs, premiere facilities and a variety of unique, fun foods. This year, the Indiana State Fair's theme is *Fun at the Speed of Summer - Celebrating Indiana's Automotive Excellence*, presented by Tom Wood Automotive Group.



The 165th Indiana State Fair will continue its long tradition as Indiana's favorite all-encompassing summer destination event. The Indiana State Fair has been an annual attraction for generations of Hoosiers since 1852.



Celebrating Indiana's Automotive Excellence
Presented By Tom Wood Automotive Group

New Floral Stamps

The United States Postal Service recently announced that this fall it will issue Snowy Beauty—a set of stamps that celebrate the warmth and cheer that flowers and berries bring to the natural landscapes even after a surprise snow.

Derry Noyes designed the stamps with original oil paintings by Gregory Manchess. In these paintings, the artist uses light, shadow and luminous color to evoke the beauty of 10 species: camellia, winter aconite, crocus, hellebore, winterberry, pansy, plum blossom, grape hyacinth, daffodil and ranunculus.



The Snowy Beauty stamps will be released in Guilford, Indiana, without a first-day-of-issue ceremony this fall.

This announcement follows the recent release of Mountain Flora—four new stamps that celebrate the beauty of mountain flowers.

Each stamp features a different flower: a purple pasqueflower, an orange-red wood lily, a bright yellow alpine buttercup and a dark pink Woods' rose. The artist's hand-drawn illustrations, refined digitally, create a block-print aesthetic.



Art director Ethel Kessler designed the stamps with original art by Lili Arnold.

Show/Event Calendar

Saturday, July 16 (11:00 a.m.—1:00 p.m.)

*The Master Gardener Demonstration Garden Open House
Indiana State Fairgrounds, 1202 E. 38th St., Indianapolis*

(The Demonstration Garden is located on the fairgrounds behind the DNR building.)
Gardeners will experience tours of the garden as well as test the planned games and activities for the Indiana State Fair! Families and friends are welcome.
Contact: Carey Grable at cagrabale@purdue.edu

July 19-August 21

*Indiana State Fair: Fun at the Speed of Summer—
Celebrating Indiana's Automotive Excellence
Presented by Tom Wood Automotive Group
Indiana State Fairgrounds, 1202 E. 38th St., Indianapolis*

This year, the Indiana State Fair is celebrating everything from four wheels to four legs—including more than a century of Hoosier Heritage and horsepower. The Indiana State Fair is the state's largest multi-day event celebrating the Hoosier spirit and agricultural heritage. These 18 days bring all communities together to celebrate all things Indiana and promote it to hundreds of thousands of people across the state and beyond.

www.indianastatefair.com

Tuesday, August 2 (6:30 p.m.)

*What's Happening at Riverbend Gardens
by Sandy Holmes of Riverbend Daylily Garden, Xenia, Ohio
Indiana Daylily-Iris Society*

First Friends Church, 3030 Kessler Boulevard, East Drive, Indianapolis

Sandy and her husband Mike started Riverbend Garden in 1996 when they became backyard hybridizers. They now raise 40,000 to 50,000 seedlings at a time. They grow and hybridize tetraploid daylilies, striving to introduce plants with excellent plant habit and distinctive looks. Sandy is drawn to large, unusual form daylilies; Mike prefers the rounder daylilies with fancy edges. Sandy's introduction "I Lava You" won the Stout Medal in 2020, the highest award given annually by the American Daylily Society.

www.indianadaylilyirissociety.org

Keep Indianapolis Beautiful

Friday, July 22 (3:00—5:00 p.m.)

*July Happy Hour Weeding
Keep Indianapolis Beautiful
1029 Fletcher Ave., Indianapolis*

KIB's Native Landscape staff will lead volunteers in plant care, weeding and mulching of the native plant beds and rain gardens that surround KIB's LEED Gold-certified headquarters.

KIB will wrap up the project with complimentary beer from Chilly Water as a thank you for the volunteers' hard work. Volunteers should be 21 years or older.

To register, contact Ciera Gatling at 317-960-4347 or at cgtaling@kibi.org.



GPMGA Membership

Become a member of the Garfield Park Master Gardener Association. Dues are \$15.00 per year and help pay for special activities, speakers, the newsletter and donations to community projects.

Monthly meetings occur on the second Wednesday of the month and begin at 6:30 p.m. Unless otherwise noted at the prior meeting or in the newsletter, meetings are held either virtually or at the Garfield Park Conservatory, 2505 Conservatory Drive, Indianapolis.

Date _____ Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ E-mail _____

Completion date of Master Gardener Training Class _____ / _____ / _____

I volunteer with: _____

I wish to be included in the 2022 GPMGA Member Directory.

I wish to receive future newsletters by e-mail only.

Submit this form and your \$15.00 annual membership fee to:

Cindy Maude 7416 Rooses Drive Indianapolis, IN 46217